

ImPACT Testing:

What is it?

The ImPACT test is a computer-based neurocognitive test that is designed to evaluate concussions. This test helps doctors and athletic trainers make decisions about concussion management by testing the following areas:

- Attention
- Memory
- Problem solving
- Reaction time

How does it work?

Many experts advise athletes involved in sports with a risk of head trauma (i.e. football and soccer) to take a pre-participation baseline test. The results are saved so that if an athlete sustains a head injury, a post-injury test can be taken to compare to the baseline. This allows health care professionals to compare post-injury results to the baseline test for an individual athlete.

The end result is a more accurate evaluation and better return to play decisions.

How do I take the test?

ImPACT testing is a service we offer through OHSU Sports Medicine and Rehabilitation.

We offer:

- Post concussive exams by ImPACT trained physician (*depending on personal insurance*)
- Individual baseline testing at our OHSU clinic (\$35)
- Individual post-injury testing at our OHSU clinic (\$35)
 - o Schools or teams may purchase the testing software and a certain

OHSU Sports Medicine

503.494.4000

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number of baseline and post-injury tests.

- An OHSU representative is available to administer the test

If any athlete, coach or parent feels the need to be tested, or is interested in the ImPACT test, please contact OHSU Sports Medicine and Rehabilitation at 503-494-4000. Please state that you are interested in ImPACT testing and you will be directed appropriately.

We are located at:

OHSU Sports Medicine and Rehabilitation
3303 SW Bond Ave
Portland, OR 97239

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